



THE BIG QUESTION:

## WHY SHOULD I HAVE A COVID-19 VACCINE?

We have to use all the tools we have to beat COVID-19

Building defenses against COVID-19 is a team effort. We all play an important part of that defense. We ALL have to use ALL the tools we have to beat COVID-19, and this includes vaccination. Getting the COVID-19 vaccine adds one more layer of protection for you, your coworkers, community, and family.



Vaccination is the most effective way to protect against infectious diseases. Vaccines save millions of lives each year. Vaccines work by training and preparing the body's natural defences – the immune system – to recognise and fight off the viruses and bacteria they target. If the body is later exposed to those disease-causing germs, the body is immediately ready to destroy them, preventing illness.

Higher vaccination rates make disease outbreaks much less likely. It also reduces the need for preventive measures, such as border closures and travel restrictions. This will reduce the health, social and economic impacts of the COVID-19 pandemic.

### *How will the vaccines protect me?*

COVID-19 can spread quickly and widely. It has resulted in the deaths of almost 2 million people worldwide. A COVID-19 vaccine will reduce your chances of getting COVID-19 or from becoming seriously ill or dying due to COVID-19.

### *How will my vaccine protect others?*

If enough people are vaccinated, however, we could achieve herd immunity. This is when so many people are protected against a disease, it is not able to spread. So if enough people get vaccinated, it will protect those who are unable to get the vaccine themselves.

### *How do I help build vaccine trust?*

Vaccination will help save lives and livelihoods:

1. Tell others why you are getting vaccinated and encourage them to get vaccinated.
2. Learn how to have conversations about COVID-19 vaccine with coworkers, family, and friends.



Hear from other people who have already chosen to be vaccinated:

Why I got the COVID-19 vaccine

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